# MyPlus Employee Stories

[MyPlus Students’ Club](http://myplusstudentsclub.com/) is our award-winning website offering careers advice to disabled students as they embark on their career.

A key feature of our website is where individuals share their experiences, and offer insights and advice, about managing their disability in the workplace.

**Sharing your story**

The following are a few suggestions of what you may wish to include however please feel free to include additional information that you feel will be beneficial:

* A brief introduction including employer, role and the nature of your disability / health condition
* Your career journey to date
* Your experience of the recruitment process including, if relevant:
  + Whether you were open about your disability
  + The support you benefited from
  + Any challenges and how you overcame them
* Your organisation’s approach to disability:
  + Support / adjustments you benefit from
  + How you accessed it
  + Support / relationship with line manager / colleagues
  + Disability networks
* What unique skills and strengths has your disability given you which have been an asset in the workplace?
* What advice would you give to disabled students applying for graduate positions/ going through the recruitment process?

**Submitting your story**

* Please provide your story on a word document.
* Please provide a hi-resolution, corporate head and shoulders photograph of yourself to feature with your case study, approx. 100px x 100px
* To enable your story to be published please give your consent to the following and return this signed document with your story:  
  + I agree to my story being published on the MyPlus Students’ Club website:
    - YES / NO
  + I agree to my story being published on MyPlus Students’ Club social media channels:
    - YES / NO
  + I take responsibility of informing you if you no longer wish my story to be published:
    - YES / NO
* Please note we are able to keep your story published even if you leave the employer your story relates to.

Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_

We would love to tag you in on our posts – please provide your social media handles below:

* + Instagram:
  + Twitter:
  + LinkedIn:
  + Facebook:

Thank you for your contribution.

Please send completed forms through to <mailto:jo@myplusconsulting.com>